

M4: 01-21

## MEDICAL CERTIFICATE - RIDING WHEN PREGNANT

### PLEASE NOTE

To be completed by a registered medical practitioner who has examined a pregnant rider seeking their advice in relation to their intention to race or participate in track work during a pregnancy, and who has read the NZTR Pregnancy Guidelines.

In accordance with the NZTR Pregnancy Guidelines, the examining medical practitioner may issue (if they consider the rider fit to race and/or participate in track work) a medical certificate for the pregnant rider to continue riding until:

- if the rider is in her first trimester, up to the end of the first trimester of the pregnancy; or
- if the rider is beyond the end of her first trimester, up to a seven day period.

Once completed this form is to be returned in person to the Chief Stipendiary Steward or by post (marked "Chief Stipendiary Steward - private and confidential") at NZTR, PO Box 38 386, Wellington Mail Centre. Just questioning Chief Stipendary Steward??

### RIDER DETAILS

Rider's Name:	
E.D.D:	
Date of Birth:	
End of 1 <sup>st</sup> Trimester:	
Medical Practitioner's Name:	

### DECLARATION

YES NO

I have read the NZTR Pregnancy Guidelines		
I have examined the rider and discussed the issues and risks involved with the rider		
I have seen the consent form signed by the rider*		
I am satisfied that the rider understands the issues, and the risks involved		
If at any stage I believe it is unsafe for the rider to continue riding I will notify NZTR (the rider has agreed for this to happen).		
I declare that the information which I have provided is correct and complete.		

The information collected on this form will only be used for the purposes set out in the NZTR Pregnancy Guidelines. In the collection, use and storage of information, NZTR will at all times comply with the obligations of the Privacy Act 2020 and the Health Information Privacy Code 1994. Is this the right date

Medical Practitioner's Signature

Date

### PRIVACY ACT 2020

This information is being collected and will be held by New Zealand Thoroughbred Racing (NZTR) at 106-110 Jackson Street, Petone, Wellington. It is being collected for the purpose of processing the matter the subject of this form. You agree that the personal information supplied by you may be retained by NZTR and disclosed to and retained by third parties for the purpose of processing relevant forms, direct marketing or providing you with information on events, products and services. NZTR will not use or disclose your personal information in any way, other than that disclosed in this policy or with your prior consent. If you do not provide the requested information then NZTR may not be able to process the matters the subject of this form. That may result in a breach of the Rules of Racing. You may access your personal information (if it is readily retrievable) at the above address and you may request NZTR to update or correct that information. You may also request to be removed from the NZTR database for the purpose direct marketing and providing you with information on events, products and services by notifying NZTR by email or by letter to the above address. If you do **not** wish your information to be retained in our database, or disclosed and retained by third parties for the purpose of providing you with information on events, products and services, then please tick the box below.