

## Race Day Treatment Controls

Issued 26 February 2026

### Prohibited on Race day before racing

In general, any substance administered by injection, stomach tube, oral syringe or paste, topical application or inhalation is considered medication and must not be administered or applied on race day.

#### Clay Poultices

- May be applied the day before racing but must be removed by midnight and not re-applied until after leaving the racecourse.

#### Glycerin and Vick's Vaporub

- Race day use and race track possession

#### Acupuncture

#### Laser and infra-red treatment

#### Chiropractic manipulation

#### Magnetic field therapy

**Transcutaneous Electrical Nerve Stimulation (TENS)** or any other form of electrical stimulation

**Extracorporeal shockwave therapy (ESWT)**

**Ultrasound or Zone Vortex Wave Therapy (TheraPlate)**

### Potentially permitted on race day with permission of the stewards

#### Topical antiseptic or antibiotic preparations

including creams, powders and ointments

- Prior approval from the Stewards required.
- The horse must be inspected by the race day veterinarian on arrival at the racecourse.
- Must be a registered veterinary or human therapeutic preparation containing only an antibiotic or antiseptic as the active ingredient (which must be clearly stated on the product label).
- Must be in the original container with a legible label.
- Must not be altered or modified in any way.
- Must be immediately available for inspection by the Stewards or race day veterinarian, if requested.

#### Pre-Race Endoscopic examination

- Prior approval from the Stewards required.
- Must be performed in the trainer's home stable.
- The administration of any substance via the endoscope on race day before racing is not allowed.

### Permitted on race day before racing without prior permission of the stewards

#### Topical hoof dressings and oils

**Foot paints** (such as iodine)

**Non-medicated sole packs**

**Shampoos** (including those containing antiseptic, antibacterial or anti-fungal agents)

**Fly sprays, baby oil and petroleum jelly** (Vaseline)

- Must not contain any medication or herbs claiming therapeutic effects — anti-inflammatory or pain relief.
- Must be commercially manufactured.
- Must be in the original container with a legible label.
- Must not be altered or modified in any way.
- Must be immediately available for inspection by the Stewards or race day veterinarian, if requested.

#### Vibratory or physical massage or manipulation

- Can be performed in the stable before racing but not permitted on racecourse.

#### Application of ice, cold water and cold therapy systems to musculoskeletal structures

Note: the use of neck cooling collars is permitted before / after racing to support thermoregulation and recovery.

- Use is permitted in the stable on the morning of race day but is not allowed on course before the race.
- Permission must be obtained from the Stewards or race day veterinarian for post-race use on course.

In issuing this guidance, we remind trainers that all existing obligations remain in force, including strict compliance with the One Clear Day Rule, and nothing in this guidance alters or diminishes those responsibilities. On the day of racing, only normal feeding and supplementation, in accordance with the manufacturers' recommendations for normal daily use, and capable of being consumed voluntarily by the horse through normal eating or drinking, will be considered acceptable.